



For a complete list of Bethany Christian Trust services head to the Get Help section at www.bethanychristiantrust.com

A guide to homeless services in Edinburgh

Where Can I Get Help?

Support for Women

Edinburgh Women's Aid - 0131 315 8110

Help for women in abusive relationships or in danger from ex-partners. Safe accommodation available for women and children

Shakti Women's Aid - 0131 475 2399

Advice for black/ethnic minority women, children and young people experiencing and/or fleeing domestic abuse.

Women's Aid Domestic Abuse Line -

0808 2000 247 (24h)

National Domestic Violence Helpline -

0800 027 1234 (24h)

Rape Crisis Scotland National Helpline -

08088 01 03 02

Help for women in abusive relationships or in danger from ex-partners. Safe accommodation available for women and children

Sacro Another Way Service -

Wednesday 9pm-11pm. For women in sex work to provide a break in a safe space, Turning Point Scotland, Links Place, Leith

Links

Anne Hope House - 0131 552 3907

Supported accommodation for women who are looking to make positive changes in a community setting.

Young People

The Rock Trust - 0131 557 4059

55 Albany Street. For 16-25 year olds who are homeless or at risk of becoming homeless. Showers, laundry, advice and support. Mon-Fri 9am-12pm

Papyrus- 0800 068 41 41 or text

Mon-Fri 10am-5pm & 7pm-10pm, weekends 2pm-5pm. A helpline for anyone 35 or younger considering suicide.

Childline - 0800 11 11

To talk to a counsellor about anything that is troubling you.

Missing People's Runaway Helpline -

116 000 - free call or text

For under-18s who have ran away or are thinking of running away.

The Junction - 0131 553 0570

82-86 Great Junction Street. Young people health and wellbeing services

Concerned about an individual?

For concerns about vulnerable adults or children, call

Social Care Direct 0131 200 2324 (adults) or 0131 200 2327 (children) during work hours. Out of hours or

weekends call 0800 731 6969

Crisis Intervention

Homeless Services and Support

The Access Place - 0131 529 5015

Register as homeless here, get advice about entitlements, eligibility for temporary accommodation, benefits and GP Surgery. Or go to one of the locally housing offices: 40 Captain's Road EH1 7 8QF (SE); 10 Westside Plaza EH1 4 2ST (SW); 8 West Pillon Gardens EH4 4DP (NW); or 101 Middle Mains Road EH16 4DS (NE).

Welcome Centre

The Rapid Re-accommodation Welcome Centre is operated by

Bethany Christian Trust and is open from

5 October 2022 to 3 May 2023.

It provides emergency shelter and support to move on to more suitable accommodation for anyone who would otherwise be sleeping rough. Three meals a day are provided.

It is located at the Haymarket Hub Hotel, 7 Clifton Terrace, Edinburgh EH12 5DR and can be accessed 24 hours a day. For more info or to check for spaces call 07919 557 673

Homelessness Prevention

Education, Training and Support

Crisis Skylight - 0131 209 7700
4 Crichton's Close. Education training and support with accommodation. Open Mon-Fri 9am-5pm

Street Soccer

Portobello Powerleague, Spartans Academy, Leith Community Centre
Free football for everyone over 16 with opportunities to go on work experience. Visit streetsoccerscotland.org for more information.

Other Bethany Services

www.bethanychristiantrust.com

Community Support

Community projects such as befriending, employability support, family work, drop-in sessions, Find a group near you:
bethanychristiantrust.com/get-help/

Connect to Community

Supporting men and women coming out of prison. For information please contact David on

0141 766 0167

Housing and Family

Housing Advice and Support

Edinburgh Housing Advice Partnership (EHAP)
Mon-Fri 9am-5pm
0131 442 2100
Advice and information for those in housing crisis.

Shelter - 0808 800 444

Mon-Fri 9am-5pm. Housing advice helpline

Your Home - 0131 603 9815

YourHome@righthere.org.uk. For anyone worried about losing their home or needing help around housing.

Four Square - 0131 557 7900

For anyone aged 16-25 needing crisis accommodation.

Family Support

Safe Families For Children -

0131 603 8430

www.safeamiliesforchildren.com

Provides support for parents while they work to resolve issues through friendship, coaching and often providing a short stay for their children with a trustworthy family, if needed.

A Place To Talk

Street Church

'Bringing church to the streets'

Street Church is about the people, not the buildings. Sundays 11am-1:30pm around St Giles Cathedral. High

Café at Life Church

Wed-Fri 10am-12 noon, West Richmond Street A place to meet and chat.

Council Out of Hours Service - 0800 032 5968

Call if you are homeless and need somewhere to stay and it is out with normal office hours

Streetwork's Holyrood Hub - 0131 557 6055

Laundry, showers, lockers available as well as advice and support. 24/7 freephone crisis line **0808 178 2323 (24hr)**

Salvation Army Wellbeing Centre -

0131 523 1060

25 Niddry Street

A drop-in that provides food for a small charge, a clothing store, shower, advice service & also runs various events. Drop-in for more info.

Medical and other helplines

In an emergency dial **999**

NHS 24 - 111 (free)

For out of hours urgent treatment and advice

Streetsmart Physio Clinic

Salvation Army Hostel, 1 The Pleasance
Wed 6 - 7:30pm, book an appointment at reception

Mental Health Assessment Service -

0131 537 6000
Self-refer for an emergency psychiatric assessment

Edinburgh Crisis Centre - 0808 801

0414 (24hrs) or text 07974 429 075
Mental Health Helpline

Chalmers Dental Centre - 0131 553 0570

3 Chalmers Street, Edinburgh, EH3 9EW
Walk in emergency dental clinic. For same day care you should attend before 3pm.

Emergency Dental Pain Relief

0131 536 4800

Money, Work and Benefits

Citizens Advice Direct - 0800 028 1456

Benefits, employment, debt and housing advice.
Mon - Fri 9 - 6pm

Citizens Advice Bureau - 0131 510 5510

Provides advice on a range of subjects specialising in welfare rights (benefits), debt, budgeting, employment, housing, energy, immigration, consumer rights and health.

Job Centre Plus - 0845 604 3719

To make a new benefits claim. Mon - Fri 8am - 6pm

The Advice Shop - 0131 200 2360

249 High Street
Mon, Wed, Thu 8:30 - 4:30pm, Tue 9:30 - 4:30pm, Fri 8:30 - 3:40pm. Information advice and representation to access benefits and deal with debt.

Social Security Scotland - 0800 182 2222

Information or support with benefits.

National Debt Line - 0808 808 4000

Mon - Fri 9am - 9pm, Sat 9:30am - 1pm

Christians Against Poverty (CAP) - 0800 328 0006

Free debt help and money courses.

CHAI - 0131 442 2100 or Granton Information Centre - 0131 551 2459

Both offer welfare rights and money advice.

Grassmarket Community Project - 0131 225 3626

86 Candlemaker Row
Mon 4-6pm. Info and advice on benefits and debt.

Spittal Street Dental Clinic

Spittal Street Centre, 22-24 Spittal Street

Advice, emergency treatment and routine care provided in a relaxed and friendly environment.

For anyone who is registered as homeless: Mon 9am - 3:30pm and Friday 9am - 12pm

For anyone who is drug dependent: Tues 9am - 3:30pm and Fri 1 - 3pm

Samaritans - 116 123 (24hrs)

Confidential, emotional support for anyone in crisis.

Breathing Space - 0800 83 85 87

Mon - Thu 6pm - 2am Fri 6pm - Mon 6am

Men's Advice Line - 0808 801 0327

For men experiencing domestic violence

Missing People - 116 000 call or text (24hrs)

If you are missing or have lost touch with someone who is missing you

National Association for People Abused in Childhood - 0808 801 0331

Lone Parent Helpline - 0808 801 0323

Advice and support for single parents. Mon - Fri 9:30 - 4:30pm

Asylum Help - 0808 801 0503

Advice and guidance for asylum seekers.
Mon - Fri 8:30 - 7pm

Cruse Bereavement Centre - 0808 808 1677

Support after the death of losing someone close

Addiction Support

Talk to someone...

Drinkline Scotland - 0800 7314 314

Alcoholics Anonymous - 0800 917 7650

Frank (drugs helpline) - 0800 77 66 00 (24hrs)

Gamblers Anonymous Scotland - 0370 0508 881 (24hrs)

Get info, advice and support...

Crew 2000 - 0131 220 3404

Mon-Fri 10am-5pm, for support or information. Drop in at **32 Cockburn Street**
Mon-Wed 1-5pm, Thurs 3-7pm, Fri & Sat 1-5pm Information about drugs and how to stay safe. Crew neither condemns nor condones drug use.

For medical help and prescriptions...

Harm Reduction Team - 0131 537 8300

22-24 Spittal Street
Low-threshold medication programme for injecting drug users, women's services for those involved in the sex industry, injection equipment provision, wound care clinic, harm reduction training, dental care for people using drugs.

Recovery Hubs

Offering a wide range of alcohol and drug services and support

- **North East - 0131 554 7516**
- **North West- 0131 332 2314**
- **South East - 0131 661 5294**
- **South West - 0131 453 9406**
- **City Centre - 0131 557 5273**

Residential Programmes...

Bethany Christian Centre 0131 454 3125

Teen Challenge 01664 822 221

LEAP 0131 446 4400

Food

Missionaries of Charity | 4pm Daily except Thu, Fri & Sat | 18 Hopetoun Crescent | 556 5544

St Catharine's Convent | 9-11:30, 5:30-6:45 Mon-Fri | 4 Lauriston Gardens | 229 2659

Salvation Army | 10-11:15 Mon-Fri | 25 Niddry Street | 523 1060

The Breakfast Bothy | 9-11am Mon-Fri | Melville Drive police box - Meadows | Free roll and coffee

Soul Food | 5:30-6pm Tue | Carrubers Christian Centre 65 High Street | Takeaway Dinner

Grassmarket Community Project | 5-6:30pm Wed | 86 Candlemaker Row 2-courses | 225 3626

Soul Food | 4:30-5:45pm Mon| CoFE Methodist Church, 25 Nicolson Square. | 07917 563202

Mustard Seed | 4:30-5:45pm Mon | St Margaret's Church 170 Easter Road | Takeaway Dinner

Free Light Lunch | 12-2pm Fri | Leith Free Church Casselbank Street | Lunch

Soul Food | 4:30-6pm Fri | Central Hall 2 West Tollcross | Takeaway Dinner

Old St Paul's Church | 8:20-1pm Sat | Jeffrey Street | Porridge, sandwiches, soup

Saturday Dinner @ Ps&Gs | from 5:30pm Sat | 46 York Place Takeaway Dinner | 556 1335

Carubbers Christian Centre | 8-9:30am Sun | 5 High Street. Breakfast, takeaway | 556 2626

South Leith Parish Church | 9:30-10:30am Sun | 6 Henderson Street, Breakfast | 554 2578

Kirk O' Field Church | 9:30-12:30pm Sun | 140 Pleasance | Sandwiches & Hot Drinks

Soul Food | 5-6:30pm Sun | Oxgangs Community Church 71 Firhill Drive | Cooked Meals

Social Bite

Suspended coffee/food

Members of the public pay for an extra coffee/meal which is then available for someone who needs one.

Social Scran - Takeaway

Breakfast Rolls and Tea/Coffee

131 Rose St & 89 Shandwick Pl
Mon-Fri 8am-9.30am & 4.30-5.30pm

Hot meals, Sandwiches and Tea/Coffee

Rose Street - 3.30pm, Mon/Thu/Fri
Shandwick Place - 3.30pm, Wed

Social Suppers - Sit In

Mixed Supper - Vesta, book at Shandwick Place,
Tuesday, 3pm - 5pm

You can also pick up items at the end of the day
at 3.30pm every Mon, Wed, Thurs & Fri.

Care Van

A partnership between Bethany Christian Trust and Edinburgh City Mission, the Care Van operates every evening and at lunchtimes Mon, Wed, Thu, Sat & Sun.

Phone 0131 561 8930.

Lunchtimes:

12.30pm Market Street
1pm-2pm King's Stables Road, the Grassmarket, the Bridges
2pm Tesco Car Park (Easter Road)

Evenings:

9pm Waverley Bridge
9.50-10.30pm King's Stables Road, the Grassmarket, the Bridges