



Bethany  
Christian  
Trust

FRIDAY 21ST MARCH 2025

# The Big Bethany Sleep Out

EDINBURGH | GLASGOW

ABERDEEN | 'AT HOME'



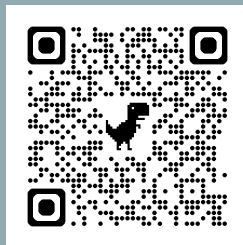
## WHAT DOES THE SLEEP OUT INVOLVE?

- ★ Sleeping outside for one night only at one of the Big Sleep Out locations, or 'At Home'. If you're taking part 'At Home', we will send you a Big Bethany Sleep Out 'At Home Kit'.
- ★ Asking friends, family, colleagues, neighbours, to sponsor you.
- ★ On the night, participating in fun team activities, listening to a short talk from one of our team members, and if you can't sleep, spending time getting to know other participants.

## WHY PARTICIPATE?

- ★ The Big Bethany Sleep Out is an opportunity to raise awareness of the realities of homelessness in Scotland when someone has reached crisis point.
- ★ It is also an opportunity to raise vital funds for the frontline work of Bethany Christian Trust.

## SIGN UP USING THE QR CODE BELOW:



For more information, please email [events@bethanychristiantrust.com](mailto:events@bethanychristiantrust.com)